

Coaching Masterclass Stretching for Change



This 1 day Masterclass delivered by Drs Jan Russell Dexter and Graham Dexter aims to use integrated neuro linguistic approaches to explore how to take your coaching style forward.

By the end of the day you will have:

- Identified which areas you can improve in your coaching work
- Become familiar with coaching as story
- Become more intentional in choosing levels of change
- Become familiar with 10 useful language patterns

9.30am - 4pm Saturday November 7th 2015
at YMCA, 770 London Road, Derby, DE24 8UT
Cost: £150



Coaching Masterclass Delivery Team

The Stretching for Change Masterclass will be facilitated by Dr Jan Russell Dexter and Dr Graham Dexter.

Graham is an accredited coach and coach supervisor with the Association for Coaching. Graham is a member of the AC steering group on Coach Supervision and is also a certified trainer in NLP (ILM, ANLP).

Jan is an accredited coach (AC, ILM) trained in supervision with Brigid Proctor, and is widely experienced in supervising groups. She is also a certified NLP trainer (ANLP) ITANLP.)

Graham and Jan have also authored a number of publications including the Sage central text, *An Introduction to Coaching*, and are both Senior Visiting Fellows in Coaching at the University of Lincoln.